



SYLVIA ZUKIN

February 24, 1922 - June 27, 2016

SERVICES: 2:00 PM WEDNESDAY 6/29/2016 at HEBREW MEMORIAL CHAPEL

A LINK WILL BE PROVIDED FOR A WEBCAST OF THE FUNERAL SERVICE.

ANOTHER LINK WILL BE PROVIDED ON TRIBUTE PAGE FOR A PHOTO TRIBUTE TO SYLVIA'S LIFE.

Age 94, of West Bloomfield, died June 27, 2016.

Sylvia was the founder and director for 50 years of the Women's Division Health Club at the Jewish Community Center.

She taught "BODY AWARENESS" classes, worked on special projects and acted as a consultant for numerous organizations including Arthritis Foundation, Heart Foundation, Asthmatic and Emphysema Association. Mrs. Zukin was also a trainer for the Detroit Pistons.

On the Board of Governors of the Women's Health Club, Mrs. Zukin gave lectures at Sinai Hospital, Grossingers and also taught classes at Wayne State.

She appeared on the Connie Page Show Channel 4 in the 1960s and wrote articles for the Detroit FreePress/News.

The first to bring Yoga to the J.C.C., she also introduced Hydro Tone exercise and became the head of Hydro Tone classes. She was called "Dr. Muscles" by

her students and did Latin dancing in her classes long before Zumba became popular. She also taught dancing classes with her husband.

SHE DID ALL THIS AFTER CONTRACTING POLIO

She loved writing, dancing, botany, nutrition, sewing, photography and SHE LOVED LOVED LOVED HER GRANDCHILDREN.

Beloved wife for over 50 years to the late Walter Zukin.

Loving mother of Stanley (Jane) Zukin, Nancy (Jerry) Reed and Lori (Doug Heikkinen) Burkow-Heikkinen.

Proud grandmother of David Zukin, Eric (Em) Zukin, Renee Zukin, Rebecca (Barry Pollack) Reed, Shoshana (Jose) Biton, Alana (Jonathan) Katz, Ian Burkow, Loni Burkow and Alexandra Burkow.

Treasured great-grandmother of Laurel, Esther, Chloe, Shelby, Evan and Lilly Zukin, Erin Pollack, Benjamin Walter Reed Pollack, Sofia, Jaime and Daniel Biton, Samantha Katz and Hannah Katz.

Cherished sister of the late Philip (Paula) Bolton, the late Bernard (late Esther) Bolton and the late Irving (late Ruth) Bolton.

She is also survived by many other loving relatives and cherished friends and students.

OFFICIATING:

Rabbi J. Krakoff

INTERMENT:

Hebrew Memorial Park Cemetery.

SHIVA:

The family will observe Shiva through Friday afternoon
at the residence

4652 Laurel Club Circle

West Bloomfield, MI 48323

(248) 626-0428

RELIGIOUS SERVICES:

7:00 PM Wednesday and Thursday evenings.

CONTRIBUTIONS:

If you wish to further honor the memory of
SYLVIA ZUKIN
you may do so by making a contribution to

Jewish Hospice and Chaplaincy Network

6555 W. Maple Rd.

West Bloomfield, MI 48322,

248-592-2687

www.jewishhospice.com

or

Hospice of Michigan

989 Spaulding SE

Ada, MI 49301

800-669-9335

www.hom.org

or

A Charity Of Your Choice

Cemetery Details

Hebrew Memorial Park Cemetery

33230 Gratiot
Clinton Township, MI 48035

Previous Events

Service

JUN **29**. 2:00 PM (ET)

Hebrew Memorial Chapel
26640 Greenfield Rd
Oak Park, MI 48237
(248) 543-1622
info@hebrewmemorial.org
<https://www.hebrewmemorial.org/>

Shiva

JUN **29** to JUL **1** (ET)

RESIDENCE
4652 Laurel Club Circle
West Bloomfield, MI 48323

Tribute Wall



“ Hebrew Memorial Chapel created a Tribute Video in memory of SYLVIA ZUKIN



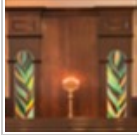
Hebrew Memorial Chapel - June 28, 2016 at 12:27 PM



“ Hebrew Memorial Chapel created a Webcast in memory of SYLVIA ZUKIN



Hebrew Memorial Chapel - June 28, 2016 at 11:01 AM



“ 52 files added to the album *Life Tributes*



Hebrew Memorial Chapel - June 28, 2016 at 12:19 PM

MT

“ Any time that I was in the presence of my Aunt Sylvia, which wasn't as often as I would have liked, I always felt the liveliness of her aura. She had an admired smile, strength and was full of energy. Those are the memories of her that I will always remember.



Marsha Toth - June 28, 2016 at 10:04 AM

CK

“ We will always remember her smiling, happy demeanor and her love for Ted Kaczander. and his family. We are proud to have known her. Ricky, Carol, Eric and Robbie. And Eric's family, who didn't know her: Emily, Cal and Rosa. Sending hugs to you all.

Carol Kaczander - June 28, 2016 at 07:43 AM

IW

“ *Sylvia Zukin was a GREAT LADY! Her talent, her outlook on life, her sense of humor, her adaptability, her smile, her dedication to her family, friends, students, and to healthy living is well-known throughout the community, and will live on in our hearts forever!* ”

Ilene Weiss - June 27, 2016 at 09:03 PM



Sylvia introduced me to the JCC, and I learned so much from her. She was loved, appreciated, admired and respected. Elaine Polk

Elaine Polk - June 28, 2016 at 03:36 PM



My mother-in-law, Esther Luria, and Sylvia were the best of friends. Esther so valued fitness, and looked to Sylvia as both a mentor in that regard as well as a dear friend. We will always remember her exuberance for life, her ever-present smile, and her sincere interest in us all. Esther loved her as a dear friend, and we will always admire her as a role model for how life should be lived...with love, love, love. Debra Luria

Debra Luria - June 28, 2016 at 09:01 PM

EL

Sylvia was ahead of her time. She taught body awareness nutrition and so much more. SHE FOUGHT FOR WOMEN'S ISSUES. SHE DEVELOPED JCC WOMENS HEALTH

ESHER (GILBERT) LIWAZER - June 28, 2016 at 10:10 PM